

# Banana



Did you know...

That a banana is a fruit; of course, you did, but here are some things you might of not have known

- 1.They are the most popular fruit
- 2.They help lower blood pressure and prevent cancer
- 3.They are soooo healthy
- 4.You can have banana as a pizza topping, however most people do not like banana as a pizza topping
- 5.Banana has been around for 10,000 years

WOW so healthy!

Have a nice day.

By Emi

